2011 marked the completion of my sixth year as President and CEO of House of Freedom. Serving as President and CEO of House of Freedom has been the most rewarding work experience of my life. I have been involved in the behavioral health industry for over 35 years and House of Freedom has given me and our dedicated staff the opportunity to make a real difference in communities we serve.

When I started here in 1991, we had two employees, which were my husband Rev. Esteban Morales and myself. Today, House of Freedom staffs over 27 full time employees that work together to assist the persons served at our institution and the communities where we live and work. Since our inception back in 1991, we have acquired new buildings and improved our facilities to provide the absolute best service available to those seeking assistance and as of October 2011 we are accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) with the most prestigious accreditation of 3 years. In addition to this, all of our counselors became certified by the state of Florida as Certified Addictions Professionals (CAP), Certified Addictions Counselors (CAC), and Certified E-Therapist (CET).

During this last fiscal year we provided countless hours in uncompensated care which I have personally encouraged to demonstrate our willingness and commitment to the persons served and to show that our number one goal is for each individual to find the happiness they deserve and doing so in a healthy lifestyle.
Program Services

Residential Programs

90-Day Intensive Residential – The 90-day intensive residential treatment provides the person served with a fundamental basis on the relapse prevention skills needed for a successful recovery. The individual will follow complete the Living in Balance 12 core sessions and will also have the opportunity to take supplemental sessions tailored to their treatment plan recommendations.

15 Month Long Term Residential – The 15-month program is a long-term program divided in 5 phases. Each phase has clear objectives designed to fully restore the individual’s capacity to function in society. Throughout these phases the individual not only will have the opportunity to target their chemical dependency but also receive vocational and educational training, leadership development, and transitional housing services.

Outpatient Programs

Regular Outpatient – Regular outpatient treatment can range anywhere from 4 to 8 months always depending on the client’s individual treatment plan and progress. Services in treatment plan include but are not limited to weekly individual and/or group therapies, family sessions, urinalysis, and self-help groups.

16 Week Intensive Outpatient – The 16-week intensive outpatient is followed by the model proposed by the Matrix Institute of Addictions. It involves more time commitment on the individual’s part by designing a weekly schedule that provides individual and group sessions at a greater frequency than the regular outpatient program.

Detox Services

30 Social Detox Program – The 30-day social detox program is designed for individuals who want to begin their process of recovery. Through the use of sauna baths, essential oils, vitamin supplements, and cardiovascular exercises we seek to restore the body’s own natural detoxification system. Research has proven that the combination of these can alleviate early withdrawal symptoms and detoxify the body from drug residiates that traditionally increase the chances for an individual to relapse after treatment.

Medically Supervised Detox Treatment - While we have trained staff to assess and evaluate for early withdrawal symptoms that can put chemically dependent individuals at risks, we count with different referral agencies that can provide medically-supervised detoxification services.

Transitional Housing

Transitional housing is offered to individuals that meet criteria and have successfully completed our phase program. Residents that participate of our transitional housing services will have the opportunity of receiving case management services, budget planning, and one on one coaching during their transition into the community.
Statistics

Client Service Counts Days/Encounter

- Adult Substance Abuse Residential Level 3 Days: 3,521
- Success Rate: 75%
- Retention Rate in Days: 62.87
- Average Age: 31.87
- Hispanic Population: 84%
- White North American Population: 11%
- Black/African American: 4%
- Pacific Islander: 2%
Financials

Persons Served
Total Number of Persons Served 56

Persons Served

25
39.29
35.71

Self Pay
TANF
ATR
Insurance
Future Plans

House of Freedom has set the following goals for itself with new, or expanded programs to better serve our community.

• Implement a new Information Technology System, which includes Electronic Health Records.

• Enhance our co-occurring capabilities for Behavioral Health & Substance Abuse Treatment.

• Expand our current facilities to improve overall recreational activities.

• Develop eServices program to further expand our demographic reach.

• Seek state funding to provide services to additional consumers seeking assistance.

• Obtain AHCA (Agency for Health Care Administration) accreditation.
Main Facilities

Puerto Rico Facilities

Hacienda Morales